

**MASTER OF SCIENCE
IN
APPLIED PSYCHOLOGY**

**BoS Approved Draft Curriculum and Syllabus
(Applicable from the Academic Session 2021-22)**



**Maulana Abul Kalam Azad University of Technology, West Bengal
(Formerly West Bengal University of Technology)
Haringhata – 741249, Nadia, West Bengal, India**

VER 2.0



MAULANA ABUL KALAM AZAD UNIVERSITY OF TECHNOLOGY, WEST BENGAL
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Main Campus: NH 12, Haringhata, Post Office - Simhat, Police Station – Haringhata, Pin - 741249
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SEMESTER WISE SYLLABUS

SEMESTER I

Sl No.	Course Code	Type	Course Title	Course Type	Hours/Credit			
					L	T	P	C
THEORY								
1	MSCAPY-101	Theory	Applied Cognitive Psychology	CC	4			4
2	MSCAPY-102	Theory	Personality Theories and Applications	CC	4			4
3	MSCAPY-103	Theory	Statistical Methods for Applied Psychology	CC	4			4
4	MSCAPY-104	Theory	Research Methods in Applied Psychology	CC	4			4
PRACTICAL								
6	MSCAPY-191	Practical A	Practical on Personality	CC			4	4
		Practical B	Practical on Statistical Packages (SPSS)				4	
Total					20			



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SEMESTER 1

CORE COURSE (CC) CREDIT - 4 (TOTAL HOURS - 40)

TITLE- APPLIED COGNITIVE PSYCHOLOGY

Course Code- MSCAPY 101

At the end of the course, the students will be able to:

CO No.	Course Outcomes	Bloom's Level	Assessment technique
CO-1	Define the basic principles of cognitive psychology and neuroscience	L1	Assessment through MCQ questions
CO-2	Explain the working principle of the various domains of cognitive psychology	L2	Assessment through LAQ
CO-3	Use the principles to explain human cognitive functioning and challenges	L3, L2	Assessment through Poster Making
CO-4	Compare and Contrast the different perspectives to make a coherent sense of behavior	L4	Assessment through Poster making

MODULE I: INTRODUCTION TO COGNITIVE AND NEUROPSYCHOLOGY (5 HOURS, 8 MARKS)

- Concept of Cognitive and Neuropsychology; historical perspectives of cognitive and neuropsychology
- The basics of neuroanatomy, cognitive psychology, and biological basis of behavior. The brain behaviour linkage, structure and functions of the brain.
- Methods of cognitive psychology. The relations and applications of cognitive and neuropsychology in neuroscience and computer science.
- Application of cognitive psychology in the management of neuro-degenerative diseases, and learning disability.

MODULE II: BASIC COGNITIVE PROCESSES (8 HOURS, 14 MARKS)

- Consciousness: the concept of conscious and the unconscious, correlates of consciousness and unconscious, models of consciousness
- Attention: Concept, factors, theories of attention; neuropsychological basis of attention
- Perception: Concept, factors, theories of perception; neuropsychological basis of perception; concept of pattern recognition
- Applying basic cognitive processes



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- Sleep and wakefulness
- Signal detection and vigilance

MODULE III: LEARNING, MEMORY, AND LANGUAGE COMPREHENSION (8 HOURS, 14 MARKS)

- Cognitive approaches of learning, biochemical basis of learning
- Language process, language acquisition, brain and language; Transformational grammar; cognitive tasks involved in reading, writing, and speaking;
- Classical and modern approaches to memory, short term memory, long term memory, working memory; Neurological basis of memory.
- Special types of memory – Flashbulb memory, eyewitness memory, tip of the tongue phenomena, autobiographical memory, False memories.

MODULE IV: INTELLIGENCE, EXECUTIVE FUNCTIONING, AND DECISION MAKING (8 HOURS, 14 MARKS)

- Concept and neuropsychological bases of Intelligence.
- Concept of Artificial Intelligence and its role in cognitive psychology.
- Cognitive theories of intelligence: Sternberg, Cattell, Vernon, Gardner.
- Executive functioning: concept, frontal control, frontal and pre-frontal functions,
- Decision Making: Heuristics & Biases, The Framing Effect, Overconfidence in Decisions.

MODULE V: THINKING, REASONING, PROBLEM SOLVING, AND CREATIVITY (5 HOURS, 8 MARKS)

- Higher order thinking and Problem solving: Definition, Types of Problems; Newell and Simon's Theory. Problem Solving Strategies; Factors that Influence Problem Solving; Impediments to Problem solving.
- Creativity: Nature, factors affecting, measuring, approaches to creativity; Biological bases of creativity; enhancing creativity
- Reasoning: Deductive reasoning and Inductive Reasoning; Types and Errors in Reasoning Process. Lateral thinking, left brain and right brain



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MODULE VI: EMOTION AND EMOTIONAL INTELLIGENCE (6 HOURS, 12 MARKS)

- Cognitive Perspectives of emotion; Non-verbal Communication and emotion; biological bases of emotion.
- Emotional intelligence: concept, biological and psychological models; social cognition, executive control system, and emotional intelligence
- Applications of EI
 - In interpersonal relationships
 - In workplace

Suggested readings:

- Cognition 8th edition by Margaret Matlin, *John Wiley & Sons Inc.*
- Cognitive Psychology: A Student's Handbook 5th edition by Eysenck and Keane, *Psychology Press*
- Handbook of Cognition and Emotion, edited by Tim Dalgleish, *John Wiley & Sons Inc.*
- Cognitive Psychology 5th edition by Robert J. Sternberg, *Wadsworth Cengage Learning.*
- Cognitive Psychology: Mind and Brain by Smith & Kosslyn, *Pearson.*



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CORE COURSE (CC) CREDIT - 4 (TOTAL HOURS - 40)

TITLE- PERSONALITY THEORIES AND APPLICATIONS

Course Code- MSCAPY 102

At the end of the course, the students will be able to:

CO No.	Course Outcomes	Bloom's Level	Assessment technique
CO-1	Define Personality and its different facets	L1	Assessment through MCQ questions
CO-2	Explain the various perspectives of Personality in details	L2	Assessment through LAQ
CO-3	Use the principles to assess human behavior	L3, L2	Assessment through assignments and viva voce
CO-4	Compare and Contrast the different perspectives to make a coherent sense of behavior	L4	Assessment through Poster making

MODULE I: INTRODUCTION TO PERSONALITY STUDIES – A PEEP INTO THE HISTORY (3 HOURS, 6 MARKS)

- Psychology and the study of personality – From the time of the witch hunts to a more modern lens
- Nomothetic and Idiographic approach – incorporating both Eastern and Western Lens
- Evolution of the perspectives – from temperament and character to traits and types
- Application of personality studies in different fields of applied psychology – clinical and community psychology, Industrial and Organizational behaviour, health and stress management, counselling and rehabilitation.

MODULE II: PSYCHOANALYTIC AND PSYCHODYNAMIC THEORIES AND THEIR APPLICATIONS (10 HOURS, 16 MARKS)

- First Age psychodynamic theories – Freud and Classical Psychoanalysis, Adler, Jung, Girindrashekhar Bose
- Neo Freudians – Horney, Fromm, Erikson
- Object Relations and Interpersonal approach – Klein, Winnicott, Sullivan



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MODULE III: TRAIT AND TYPE APPROACHES (10 HOURS, 16 MARKS)

- Cattell's 16 personality factors
- Allport's approach of Dispositions
- Costa and McCrae's Five Factor Concept
- Eysenck's Typological approach
- Ashton and Lee's HEXACO model

MODULE IV: BEHAVIOURAL THEORIES (5 HOURS, 8 MARKS)

Approaches of

- B. F. Skinner
- Albert Bandura
- Dollard and Miller

MODULE V: HUMANISTIC AND EXISTENTIAL THEORIES (6 HOURS, 12 MARKS)

- Humanistic approaches – Maslow and Rogers
- Existential perspectives – Viktor Frankl, Rollo May, Irvin Yalom
- Social Investment Approach
- Narrative Identity Approach

MODULE VI: ASSESSMENT OF PERSONALITY – TECHNIQUES AND MEASURING DEVICES (6 HOURS, 12 MARKS)

- Non-Projective Techniques – Observation, Interview, Paper pencil tests (NEO 5, SSCT, EPO, TCI)
- Projective Techniques – Rorschach Inkblot Test, Thematic Apperception Test, Draw a Person Test

Suggested Readings:

- A History of Personality Psychology: Theory, Science, and Research from Hellenism to the Twenty-first Century by Frank Dumont, *Cambridge*
- Theories of Personality, 8th edition, by Feist & Feist, *McGraw Hill*
- Making sense of People: Decoding the Mysteries of Personality by Samuel Barondes, *Pearson*
- Personality Psychology: Domains of Knowledge about Human Nature, 4th edition, by Larsen and Buss, *McGraw Hill*



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CORE COURSE (CC) CREDIT - 4 CONTACT HOURS -40

TITLE- STATISTICAL METHODS FOR APPLIED PSYCHOLOGY

Course Code- MSCAPY 103

At the end of the course, the students will be able to:

CO No.	Course Outcomes	Bloom's Level	Assessment technique
CO-1	Define Statistics and its different types	L1	Assessment through MCQ questions
CO-2	Explain the methods of generating and testing hypotheses	L2	Assessment through LAQ
CO-3	Use the statistics to confirm or disprove hypotheses	L3, L2	Assessment through assignments and LAQ
CO-4	Compare and Contrast the different statistical approaches to choose the best approach in any situation	L4	Assessment through assignments

MODULE I: INTRODUCTION TO DATA ANALYSIS (5 HOURS, 8 MARKS)

- Meaning of Statistic and Statistics
- Methods of representing data (line graph, bar diagrams, pie charts, histograms, scatter plots, box plots)
- Statistical models and approaches, parametric and non-parametric
- Types of statistics: descriptive, inferential, predictive.

MODULE II: CENTRAL TENDENCY AND VARIABILITY (6 HOURS, 12 MARKS)

- Centrality and the Normal Probability Curve
- Measurement of central tendency – Mean, Median, Mode
- Measurement of variability – Range, Average Deviation, Standard Deviation, Quartile Deviation, Variance

MODULE III: DESCRIPTIVE STATISTICS (8 HOURS, 14 MARKS)

- Correlation analysis
 - Pearson bi-variate r
 - Spearman's rho
 - Biserial & Point biserial
 - Tetrachoric & Yule's Phi
- Partial correlation
- Multiple correlation



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- Using correlation in research settings

MODULE IV: INFERENCE AND PREDICTIVE STATISTICS (8 HOURS, 14 MARKS)

- Methods of hypothesis testing
- Student's t
- ANOVA – one-way, two-way, repeated measures, multivariate
- Regression analysis – linear, multiple
- Using inferential and predictive statistics, concept of effect sizes,

MODULE V: NONPARAMETRIC STATISTICS (8 HOURS, 14 MARKS)

- Chi square
- Mann-Whitney U test
- Median Test
- Kruskal Wallis Test

MODULE VI: USING STATISTICAL PROCEDURES THROUGH SOFTWARES (5 HOURS, 8 MARKS)

Learning to use the applications of

- SPSS
- Python
- R software

Suggested Readings:

- Statistics for psychologists by Brian S. Everitt, *Lawrence publishers*
- Intermediate Statistics for Dummies by Deborah Rumsey, *Wiley Publishing, Inc*
- Statistics in Psychology and education by Henry E. Garrett, *Paragon international publishers*
- The art of statistics learning from data by David Spiegelhalter, *Pelican books*
- Statistics for social sciences by Asthana and Bhushan, *Phi learning*
- Statistics without tears: An introduction for non-mathematicians by Derek Rowntree, *Penguin*
- Statistics in psychology and education by SK Mangal, *Phi learning*



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CORE COURSE (CC) CREDIT - 4 CONTACT HOURS -40

TITLE- RESEARCH METHODS IN APPLIED PSYCHOLOGY

COURSE CODE- MSCAPY 104

At the end of the course, the students will be able to:

CO No.	Course Outcomes	Bloom's Level	Assessment technique
CO-1	Define the different approaches to research	L1	Assessment through MCQ questions
CO-2	Explain the methods of conducting research	L2	Assessment through LAQ
CO-3	Use appropriate research methods to undertake assignments and projects	L3, L2	Assessment through assignments
CO-4	Compare and Contrast the different research methods to choose the best approach according to the research problem	L4	Assessment through assignments

MODULE I: INTRODUCTION TO RESEARCH (5 HOURS, 8 MARKS)

- Psychological research: exploratory, descriptive and explanatory;
- Characteristics of a good scientific research
- Process of research
- Ethics in psychological research
- Biases in psychological research

MODULE II: SAMPLING TECHNIQUES (6 HOURS, 12 MARKS)

- Meaning and need for sampling
- Probability sampling techniques
- Non-probability sampling techniques
- Setting criteria for sampling

MODULE III: RESEARCH DESIGNS (8 HOURS, 14 MARKS)

- Meaning, nature and factors of a research design
- Experimental research design: randomized, matched group, factorial
- Quasi-experimental research design – time series, longitudinal, cross-sectional, one group pre-test post-test.
- Single subject research designs



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MODULE IV: UNDERSTANDING THE STEPS IN TEST CONSTRUCTION (8 HOURS, 14 MARKS)

- Need for construction of tests. Basic approaches in test construction
- Item analysis
- Analysis of reliability of a test
- Analysing the Validity of a test
- Establishing the Norms of the test
- Preparing and publishing the manual

MODULE V: QUALITATIVE RESEARCH (8 HOURS, 14 MARKS)

- Meaning of qualitative research. Difference between qualitative and quantitative research.
- Concepts and approaches in qualitative research – phenomenology, ethnography, grounded theory, narrative analysis
- Process of qualitative research

MODULE VI: METHODS OF COLLECTING AND ANALYSING QUALITATIVE DATA (5 HOURS, 8 MARKS)

- Methods of collecting data – observation, interviewing, life history narrative, archival analysis, diaries, photographs, films, documentary evidence, conversations and recordings
- Methods of analysis – content analysis, thematic analysis, discourse analysis, axial and focused coding techniques.

Suggested Readings:

- Research methodology: Methods and techniques by Kothari and Garg, *New age international publishers*.
- Tests, measurements and research methods and behavioural sciences by AK Singh, *Bharti Bhawan Publisher*.
- Introduction to Research methods in Psychology by Dennis Howitt and Duncan Cramer, *Pearson*
- Qualitative research methods in psychology: combining the core approaches by Nollaig Frost, *McGraw Hill*
- Psychological Testing by Anastasi & Urbina, *Macmillan*
- Foundations of Behavioural Research by Fred N. Kerlinger, *Surjeet Publications*.



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CORE COURSE (CC) CREDIT –2+2CONTACT HOURS -40+40

COURSE CODE- MSCAPY 191

PRACTICAL I (CORE) – CREDIT 2 (PRACTICAL ON PERSONALITY)

- Non-projective tests – EPQ-R, HEXACO, TCI
- Projective Tests – RIBT, TAT

PRACTICAL II (CORE) – CREDIT 2 (PRACTICAL ON STATISTICAL PACKAGES)

- Understanding and demonstrating the working knowledge of Statistical Packages for Social Sciences (SPSS) software



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SEMESTER II

Sl No.	Course Code	TYPE	Course Title	Course Type	Hours/Credit			
					L	T	P	C
THEORY								
1	MSCAPY-201	Theory	Psychology and society	CC	4			4
2	MSCAPY-202	Theory	Psychology of development	CC	4			4
3	MSCAPY-203	Theory	Biological Foundations of Behavior	CC	4			4
4	MSCAPY-204	Theory	Psychology for Happiness and Positivity	CC	4			4
SESSIONAL								
5	MSCAPY-281	Sessional	Applied Social Psychology Project A. Media and Psyche or B. Ethnographic analysis	SEC			4	2
6	MSCAPY-282	Sessional	Project on wellbeing	SEC			4	2
PRACTICAL								
7	MSCAPY-291	Practical I	Practical on social psychology	CC			4	2
8	MSCAPY-292	Practical II	Practical on Relaxation procedures	CC			4	2
Total					24			



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SEMESTER 2

CORE COURSE (CC) CREDIT - 4 CONTACT HOURS -40

TITLE- APPLYING PSYCHOLOGY IN THE SOCIETY

COURSE CODE- MSCAPY 201

At the end of the course, the students will be able to:

CO No.	Course Outcomes	Bloom's Level	Assessment technique
CO-1	Define the different social concepts	L1	Assessment through MCQ questions
CO-2	Explain the evolving nature of social relationships	L2	Assessment through LAQ
CO-3	Use appropriate social methods to undertake assignments and projects	L3, L2	Assessment through assignments
CO-4	Compare and Contrast the different social concepts to make a coherent sense of the changing times	L4	Assessment through assignments

MODULE I: INTRODUCTION TO SOCIAL PSYCHOLOGY

- Society, psyche and behaviour.
- Impact of social relations on individuals.
- Evolution of human behaviour in a changing world.

MODULE II: SOCIAL THINKING

- The concept of self: Self-esteem, self-control, presenting the self, self-serving bias
- Social cognition and Person Perception
- Attitudes and the light it sheds on the self

MODULE III: SOCIAL INFLUENCE

- Groups and the influence it has on people; Conformity, compliance, and obedience
- Culture and gender
- Role of religion, family, work, peer on social behaviour; Crowd and mob

MODULE IV: SOCIAL RELATIONS

- Prosocial behaviours and Altruism.
- Aggression: Theories, types, how it develops, how it can be reduced.
- Stereotypes, marginalization, prejudice, discrimination, intolerance.
- Interpersonal attraction and intimacy.



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MODULE V: SOCIAL PSYCHOLOGY IN PRACTICE

- Social determinants of clinical psychopathology
- Globalization and consumerism
- Political and environmental propaganda
- Body Language and Behavioural Analysis

Suggested reading:

- Exploring Social Psychology, 6th edition by David Myers, *Mc Graw Hill*
- Social Psychology by Sanderson, *Wiley & Sons*
- Social Psychology and Human Nature by Baumeister & Bushman, *Thomson Wadsworth*
- People Watching: The Desmond Morris Guide to Body Language by Desmond Morris, *RHUK*
- Cross Cultural Psychology: Contemporary Themes and Perspectives by Kenneth D. Keith, *Wiley-Blackwell*
- Social Psychology, 12th edition by Taylor, Peplau, & Sears, *Pearson*



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CORE COURSE (CC) CREDIT - 4 CONTACT HOURS -40

TITLE- DEVELOPMENT ACROSS THE LIFESPAN

COURSE CODE- MSCAPY 202

At the end of the course, the students will be able to:

CO No.	Course Outcomes	Bloom's Level	Assessment technique
CO-1	Define the different levels and stages of prenatal and postnatal human development	L1	Assessment through MCQ questions
CO-2	Explain the different principles surrounding the domains of development	L2	Assessment through LAQ
CO-3	Use appropriate models to understand the developmental context of real-life examples	L3, L2	Assessment through assignments
CO-4	Compare and Contrast the different developmental models to make a coherent sense of the different stages of life of individuals	L4	Assessment through assignments

MODULE I: INTRODUCTION TO DEVELOPMENT

- Basic terms related to development and factors of development
- Approaches to study of development: Psychoanalytical, Behavioral and Cognitive
- Research methods in developmental study
- Application of knowledge of developmental problems in various fields

MODULE II: PRENATAL, PERINATAL AND POSTNATAL DEVELOPMENT

- Brief understanding of prenatal, perinatal & postnatal development
- Hazards, deviation & their implications
- Attachment styles. Impact on the infant

MODULE III: PHYSICAL AND SPEECH DEVELOPMENT

- Development of gross and fine motor skills
- Stages in the development of speech
- Factors affecting speech and physical development
- Challenges in physical and speech development



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MODULE IV: COGNITIVE DEVELOPMENT

- Piaget’s concept of cognitive development
- Vygotsky’s socio-cultural theory of development
- Siegler’s model of strategy choice
- Applying the models into practice

MODULE V: SOCIAL, EMOTIONAL, AND MORAL DEVELOPMENT

- Social development across lifespan, sex-role identification, social roles and responsibilities, problems in the old age
- Development of positive and negative emotions, factors affecting emotional development, emotional regulation across age groups, emotional problems across age groups
- Moral development approaches (Piaget, Kohlberg, Greene’s Moral cognition, Haidt’s Moral foundations concept), moral competence approach, utilitarianism.
- Hazards in the domains of social, emotional, and moral development.

MODULE VI: PERSONALITY DEVELOPMENT

- Development of the self and personality – factors in the process
- Stages of development – Freud’s psychosexual stages, Erikson’s psychosocial stages, May’s existential approach.
- Formation and development of identity, sexuality, actualization across lifespan, issues in old age.
- Hazards in personality development across lifespan
- Applications in clinical psychology field

Suggested readings: -

- Developmental Psychology: childhood and adolescence, 8th edition by Shaffer & Kipp, *Wadsworth*
- Discovering the Lifespan, 2nd edition by Robert Feldman, *Pearson*
- Life-span Development, 13th edition by John Santrock, *Mc Graw Hill*
- Life-span Human Development, 6th edition by Sigelman & Rider, *Wadsworth*



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CORE COURSE (CC) CREDIT - 4 CONTACT HOURS -40

TITLE- BIOLOGICAL FOUNDATIONS OF BEHAVIOUR

COURSE CODE- MSCAPY 203

At the end of the course, the students will be able to:

CO No.	Course Outcomes	Bloom's Level	Assessment technique
CO-1	Define the structure and functions of the nervous system	L1	Assessment through MCQ questions
CO-2	Explain the the process of neural development and the role of plasticity in development and recovery of function.	L2	Assessment through LAQ
CO-3	Use the understanding of nervous system to recognize brain systems mediating sexual and reproductive behaviour, emotions, learning, memory, and consciousness.	L3, L2	Assessment through assignments
CO-4	Compare and Contrast the different biological models and methods to make sense of different human conditions	L4	Assessment through assignments

MODULE I: BASIC FEATURES OF THE NERVOUS SYSTEM

- Structure of neurons, types, functions, Neural conduction, Neurotransmitters
- Basic features of nervous system, Meninges, Ventricular system, Cerebrospinal fluid, Blood brain barrier,
- Peripheral nervous system: Cranial Nerves, Spinal Nerves, Autonomous nervous system.

MODULE II: THE STRUCTURE AND FUNCTIONING OF CENTRAL NERVOUS SYSTEM

- Major structures and functions of the Spinal Cord and the Brain: Fore brain, Mid brain, Hind brain,
- Cerebral cortex- frontal, temporal, parietal and occipital lobes.
- Assessing the lobe functions

MODULE III: BIOPSYCHOLOGY OF COGNITIVE FUNCTIONS

- Learning: Nature of learning, kinds of learning, Synaptic plasticity
- Memory: Types of memory, Neurological basis of memory, Brain damage and dysfunction of memory
- Language: Lateralization, Speech production, Comprehension, disorder of readings and writing.



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MODULE IV: BIOPSYCHOLOGY OF AROUSAL AND EMOTION

- Physiological correlations of Arousal: consciousness and sleep, Factors affecting consciousness.
- Sleep: Stages of sleep, brain mechanisms of sleep and dreaming, physiological mechanisms of sleep and waking, disorders of sleep, Physiological correlates of emotions, anxiety and aggressive behaviour.
- Physiological correlates of emotions, anxiety and aggressive behaviour.

MODULE V: BIOPSYCHOLOGY OF STRESS

- Stress – Physiology of Stress and related diseases (Headache, Cardiovascular diseases, Hypertension, Diabetes, Asthma, Rheumatoid Arthritis).
- Stress related Psychological Disorders (anxiety disorders and Depression)

MODULE VI: METHODS IN BIOPSYCHOLOGY

Scanning techniques

- X-ray
- CT scan
- PET scan
- SPECT scan
- MRI
- fMRI
- Bio feedback technique

Suggested Readings: -

- Clinical Neuropsychology, 4th edition by Kenneth Heilman, *Oxford University Press*
- Foundations of Physiological Psychology, 6th edition by Neil Carlson, *Pearson*
- Fundamentals of Human Neuropsychology, 5th edition by Kolb and Whishaw, *Worth*
- Handbook of Functional Neuroimaging of Cognition, 2nd edition by Cabeza & Kingstone
- Introduction to Neuropsychology, 2nd edition by J. Beaumont, *The Guilford Press*



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CORE COURSE (CC) CREDIT - 4 CONTACT HOURS -40

TITLE- PSYCHOLOGY FOR HAPPINESS AND POSITIVITY

COURSE CODE- MSCAPY 204

At the end of the course, the students will be able to:

CO No.	Course Outcomes	Bloom's Level	Assessment technique
CO-1	Define what positive psychology is about	L1	Assessment through MCQ questions
CO-2	Explain the the process of flow and other positive experiences	L2	Assessment through LAQ
CO-3	Use the understanding of positive psychology across major domains of life	L3, L2	Assessment through assignments
CO-4	Compare and Contrast the different approaches to make sense of recent global changes	L4	Assessment through assignments

MODULE I: INTRODUCTION TO POSITIVE PSYCHOLOGY

- Nature of positive psychology
- Positive experiences and states (happiness, gratitude, compassion, resilience)
- Well-being, hope and life satisfaction
- Role of hormones

MODULE II: MAJOR APPROACHES

- PERMA approach
- Concept of flow and engagement
- Diener's tripartite theory
- Ryff's six factor model
- Eastern approaches

MODULE III: POSITIVE PSYCHOLOGY AND WORK LIFE

- Understanding the world of work and diverse workforce
- Positive work environment for individuals and organizations
- Positive work life balance
- Building psychological capital (positive team culture, positive relationships, harnessing character strengths)
- Training to boost resilience

MODULE IV: MEANING IN LIFE



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- Meaning making process in daily life – bridging positive and nihilistic existentialism
- Paradox of choice
- Meaning of happiness
- Sources of meaning making in life

MODULE V: PSYCHOLOGY OF SPECIFIC CONFLICTS AND PEACE EFFORTS

- War Ethics and Geneva Convention
- Role of organizations in promoting Peace; accounts and challenges
- Life, peace and culture
- Role of Peace education
- Collaboration
- Humility and social values in promoting peace in individual and social living.

MODULE VI: RECENT TRENDS IN POSITIVE PSYCHOLOGY RESEARCH

- Lyubormisky's Happiness Pie
- Dweck's Growth Mindset
- Dolan's Action change theory
- Fredrickson's Broaden and Build approach

Suggested Readings: -

- Beyond Positive Thinking by Robert Anthony
- Finding Flow by Mihaly Csikszentmihalyi
- Handbook of Positive Psychology by Snyder and Lopez, *Oxford University Press*
- Learned Optimism by Martin Seligman
- Positive Psychology: The science of happiness and human strengths by Alan Carr
- Happiness by Design by Paul Dolan



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SKILL ENHANCEMENT COURSE (SEC) CREDIT -2 CONTACT HOURS -40

TITLE- APPLIED SOCIAL PSYCHOLOGY PROJECT

COURSE CODE- MSCAPY 281

At the end of the course, the students will be able to:

CO No.	Course Outcomes	Bloom's Level	Assessment technique
CO-3	Use the understanding of social psychology carry out fieldwork	L3, L2	Assessment through assignments
CO-4	Compare and Contrast the different approaches to make sense of collected data	L4	Assessment through assignments

Project work to be done on any one of the following

- Project related to the role of Media (print, video, social media) on Human behaviour
- Project based study of any social context via the method of Ethnography

SKILL ENHANCEMENT COURSE (SEC) CREDIT - 2 CONTACT HOURS -40

TITLE- PROJECT ON WELLBEING

COURSE CODE- MSCAPY 282

At the end of the course, the students will be able to:

CO No.	Course Outcomes	Bloom's Level	Assessment technique
CO-3	Use the understanding of positive psychology carry out fieldwork	L3, L2	Assessment through assignments
CO-4	Compare and Contrast the different approaches to make sense of collected data	L4	Assessment through assignments

Project work to be done on studying the level of resilience and psychological well-being of caregivers who have been dealing with a specific group of psychological or physical disorders.



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CORE COURSE (CC) CREDIT –2CONTACT HOURS -40

TITLE- PRACTICAL ON SOCIAL PSYCHOLOGY

COURSE CODE- MSCAPY 291

- Practical on studying group effect on problem solving
- Practical on studying cohesiveness in a social group

CORE COURSE (CC) CREDIT –2CONTACT HOURS -40

TITLE- PRACTICAL ON RELAXATION PROCEDURES

COURSE CODE- MSCAPY 292

Understanding and demonstrating the working knowledge of different relaxation techniques like

- JPMR, Guided Imagery
- Mindfulness



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SEMESTER III (SPECIALIZATION: CLINICAL PSYCHOLOGY)

Sl No.	Course Code	Type	Course Title	Course Type	Hours/Credit			
					L	T	P	C
THEORY								
1	MSCAPY-301	Theory	Adult Psychopathology	DSE	4			4
2	MSCAPY-302	Theory	Child Psychopathology	DSE	4			4
3	MSCAPY-303	Theory	Stress Management	CC	4			4
4	MSCAPY-304	Theory	Psychology of Technology: Being Human in the Age of Artificial Intelligence	GEC	4			4
SESSIONAL								
5	MSCAPY-381	Sessional	Diagnostic Psychometry	CC			4	2
6	MSCAPY-382	Sessional	Minor Project	DSE			8	4
7	MSCAPY-383	Sessional	Critical thinking, Writing, and Presentation Skills	SEC	2			2
			Total		24			



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DISCIPLINE SPECIFIC ELECTIVE (DSE) CREDIT - 4 (TOTAL HOURS - 40)

TITLE- ADULT PSYCHOPATHOLOGY

Course Code- MSCAPY 301

At the end of the course, the students will be able to:

CO No.	Course Outcomes	Bloom's Level	Assessment technique
CO-1	Define the different aspects of psychopathology	L1	Assessment through MCQ questions
CO-2	Explain the the process of development of psychopathology	L2	Assessment through LAQ
CO-3	Use the understanding of psychopathology to understand major disorders	L3, L2	Assessment through assignments
CO-4	Compare and Contrast the different psychopathological approaches to understand the causes behind disorders	L4	Assessment through assignments

MODULE I: INTRODUCTION TO PSYCHOPATHOLOGY

- Neurosis, Psychosis, and Psychophysiological disorders
- Approaches to psychopathology: Psychodynamic, Behavioral, Humanistic, Phenomenological, Biological.
- Organic and functional disorders
- Classificatory systems: DSM 5 and ICD 10

MODULE II: ANXIETY DISORDERS AND OBSESSIVE COMPULSIVE & RELATED DISORDERS

Diagnostic criteria, clinical features and Etiology of the disorders.

MODULE III: BIPOLAR AND RELATED DISORDERS

Diagnostic criteria, clinical features and Etiology of the disorders.

- Major Depressive Disorder
- Bipolar Disorders
- Dysthymia
- Cyclothymia

MODULE IV: SCHIZOPHRENIA SPECTRUM AND OTHER PSYCHOTIC DISORDERS

Diagnostic criteria, clinical features and Etiology of the disorders..



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MODULE V: SOMATIC SYMPTOMS AND RELATED DISORDERS

Diagnostic criteria, clinical features and Etiology of the disorders

- Somatic Symptom Disorder
- Conversion Disorder
- Illness Anxiety Disorder
- Psychological Factors Affecting Other Medical Conditions

MODULE VI: PERSONALITY DISORDERS

Diagnostic criteria, clinical features and Etiology of the disorders

- Cluster A (Schizoid, Schizotypal, Paranoid)
- Cluster B (Antisocial, Histrionic, Narcissistic, Borderline)
- Cluster C (Avoidant, Dependent, Obsessive-Compulsive)

Suggested Readings:

Sadock, B. J., & Sadock, V. A. (2015). *Kaplan and Sadock's synopsis of psychiatry* (11th ed.). PA, USA: Lipincott, Williams and Wilkins.

Blaney, P. H., Krueger, R. F., & Millon, T. (2015). *Oxford textbook of psychopathology* (3rd ed.). New York: Oxford University Press.

Hersen, M., & Beidel, D. (2012). *Adult psychopathology and diagnosis* (6th ed.). New York: Wiley.

Adams, P. B., & Sutker, H. E. (2001). *Comprehensive handbook of psychopathology* (3rd ed.). New York: Springer.



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DISCIPLINE SPECIFIC ELECTIVE (DSE) CREDIT - 4 (TOTAL HOURS - 40)

TITLE- CHILD PSYCHOPATHOLOGY

Course Code- MSCAPY 302

At the end of the course, the students will be able to:

CO No.	Course Outcomes	Bloom's Level	Assessment technique
CO-1	Define the different aspects of psychopathology	L1	Assessment through MCQ questions
CO-2	Explain the the process of development of psychopathology	L2	Assessment through LAQ
CO-3	Use the understanding of psychopathology to understand major disorders	L3, L2	Assessment through assignments
CO-4	Compare and Contrast the different psychopathological approaches to understand the causes behind disorders	L4	Assessment through assignments

MODULE I: INTELLECTUAL DISABILITY

Diagnostic criteria, clinical features and Etiology of the disorders

MODULE II: AUTISM SPECTRUM DISORDERS

Diagnostic criteria, Clinical Features, Types and Etiology of the disorders

MODULE III: INTERNALISED DISORDERS

Diagnostic criteria, clinical features and Etiology of the disorders

- Separation anxiety disorder
- Childhood depression and Suicide
- Phobia

MODULE IV: EXTERNALISED DISORDERS

Diagnostic criteria, clinical features and Etiology of the disorders

- Attention Deficit Hyperactivity Disorder
- Oppositional Defiant Disorder
- Conduct Disorder

MODULE V: LEARNING DISORDERS

Diagnostic criteria, clinical features and Etiology of the disorders



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- Reading disorder
- Disorder of written expression
- Disorders of mathematics

MODULE VI: EATING AND ELIMINATION DISORDERS

Diagnostic criteria, clinical features and Etiology of the disorders

- Anorexia and Bulimia
- Pica
- Enuresis and Encopresis

Suggested Readings

Sadock, B. J., & Sadock, V. A. (2015). *Kaplan and Sadock's synopsis of psychiatry* (11th ed.). PA, USA: Lipincott, Williams and Wilkins.

Blaney, P. H., Krueger, R. F., & Millon, T. (2015). *Oxford textbook of psychopathology* (3rd ed.). New York: Oxford University Press.

Adams, P. B., & Sutker, H. E. (2001). *Comprehensive handbook of psychopathology* (3rd ed.). New York: Springer.

Counselling Children with Psychological Problems First Edition, by Malavika

Kapur



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CORE COURSE (CC) CREDIT - 4 (TOTAL HOURS - 40)

TITLE- STRESS MANAGEMENT

Course Code- MSCAPY 303

At the end of the course, the students will be able to:

CO No.	Course Outcomes	Bloom's Level	Assessment technique
CO-1	Define the different aspects of stress	L1	Assessment through MCQ questions
CO-2	Explain the the process of development of stress	L2	Assessment through LAQ
CO-3	Use the understanding of models to explain stress related disorders	L3, L2	Assessment through assignments
CO-4	Compare and Contrast the different management approaches to deal with stress	L4	Assessment through assignments

MODULE I: INTRODUCTION TO STRESS

Stress: Definition, Nature, Sources of stress, Types and Consequences of Stress, Models of stress. Biological basis of Stress, Personality and Stress. Stress Management and Health Belief Model.

MODULE II: LIFE SITUATIONS AND PERCEPTION OF STRESS

Stress among children and adolescence: Academic and Relationship issues, Family Stressors And Interventions, Stress Among The Elderly, Stress Among Trauma Victims

MODULE III: STRESS REDUCTION TECHNIQUES FOR ANXIETY DISORDERS AND STRESS RELATED DISORDERS

Different Relaxation techniques, PMR, Biofeedback techniques

MODULE IV: MINDFULNESS AND EASTERN TECHNIQUES

Mindfulness practice, Body Scan, Meditation



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GENERAL ELECTIVE COURSE (GEC) CREDIT - 4 (TOTAL HOURS - 40)

TITLE- PSYCHOLOGY OF TECHNOLOGY: BEING HUMAN IN THE AGE OF ARTIFICIAL INTELLIGENCE

Course Code- MSCAPY 304

At the end of the course, the students will be able to:

CO No.	Course Outcomes	Bloom's Level	Assessment technique
CO-1	Define the different aspects of intelligence	L1	Assessment through MCQ questions
CO-2	Explain perspectives of intelligence	L2	Assessment through LAQ
CO-3	Explain the concept of AI & AGI	L2	Assessment through assignments
CO-4	Analyze the concept of networking in aspects of psychology	L4	Assessment through assignments & Presentation

MODULE I: PSYCHOLOGY & TECHNOLOGY

What is Technology & How It Affects Us; Six Realms of the Contemporary World (Lithosphere, Hydrosphere, Atmosphere, Biosphere, Noosphere, & Technium); Moore's Law; On Relating Psychology with Technology: Psychology in Technology, Psychology and Technology, Psychology of Technology

MODULE II: PERSPECTIVE OF INTELLIGENCE

Matter Turns Intelligent; The Three Stages of Life: Life 1.0, Life 2.0, Life 3.0

MODULE III: INTRODUCTION TO ARTIFICIAL INTELLIGENCE

What is AI, Concept of Data & Information, Concept of Machine Learning & Deep Learning, Advantages & Limitations of Machine Learning, Artificial General Intelligence (AGI)

MODULE IV: NETWORK: HOW IT WORKS & HOW IT AFFECTS

Concept of Network & Networking; Nature & Properties of Network; Metcalfe's Law; Natural as well as Artificial Neural Networking

Human Behaviour in Virtual Environment: Instant Messaging, Video Games & Entertainment, Use of Social Media & Networking Sites

MODULE V: CONSCIOUSNESS



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Concept of Consciousness: Who Cares; Theories of Consciousness, Controversies of Consciousness; AI Consciousness

Suggested Readings:

Max Tegmark (2017). *Life 3.0: Being Human in the Age of Artificial Intelligence*. New York : Alfred A. Knopf.

V.K. Kool, Rita Agrawal. (2016). *Psychology of Technology*. Switzerland: Springer International Publishing.

Kevin Kelly. (2011). *What Technology Wants*. India: Penguin.

CORE COURSE (CC) CREDIT = 2 (40)

TITLE- DIAGNOSTIC PSYCHOMETRY

Course Code: MSCAPY 381

Working knowledge of different psychometric tests like the following

- BDI, BAI, HAM-A, HAM-D,
- Addenbrooke's Cognitive Examination, PGI-BBD,
- Raven's Progressive Matrices, WAIS, WISC, BKT
- State Trait Anger Expression Inventory (STAXI)
- MCMI, MMPI, IPDE
- DST, VSMS, VABS
- ISAA, CARS, CSI, ADHDT, CONNERS'
- YBOCS, C-YBOCS

CORE COURSE (DSE) CREDIT = 4 (80)

TITLE- MINOR PROJECT

Course Code: MSCAPY 382

Students have to work, submit & Present a Term Paper on a selected topic.



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CORE COURSE (SEC) CREDIT = 4 (40)

TITLE- CRITICAL THINKING, WRITING AND PRESENTATION SKILLS

Course Code: MSCAPY 383

At the end of the course, the students will be able to:

CO No	Course Outcomes	Bloom's Level	Assessment Technique
CO 1	The students should be able to recall the basic tenets of writing abstracts and introductions.	01	Assignments on writing abstracts and introductions to self-authored critical articles/dissertations
CO 2	The students should be able to paraphrase the understanding that they have garnered from a close reading of critical texts.	02	Analytical comprehension
CO 3	The students should be able to apply their problem resolving and demonstration skills in real-life situations.	03	Group projects on given topics, group discussions, debates, abstract, poster and PPT presentations
CO 4	The students should be able to break down their deciphering of critical texts into small units for effective assimilation.	04	Analytical comprehension, group discussions on literary texts
CO 5	The student should be able to determine the way in which a particular topic, item or point of view should be presented to enhance the overall effectiveness of the presentation.	05	Abstract, poster and PPT presentations, group discussions, debates, writing research papers/dissertations
CO 6	The student should be able to defend their statements and untangle arguments inductively with sound logical reasoning.	05	Abstract, poster and PPT presentations, group discussions, debates, research papers/dissertations
CO 7	The students should be able to design material providing tangible outputs on the knowledge which they have	06	Writing critical/research articles/students' projects with proper abstract and introduction, making



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	garnered.		posters and PPTs.
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MODULE I: CRITICAL THINKING AND ANALYSIS

Analytical Comprehension From Excerpts Of Critical Texts And 'Stream Of Consciousness' Novels
 Kurt Lewin S Model

MODULE II: EFFECTIVE PLANNING AND EXECUTION

Mind Mapping For Idea Management, Debates, Group Discussions

MODULE III: WRITING

Abstract, Introduction And Conclusion Writing For Analytical And Research Articles

MODULE IV: PRESENTATION SKILLS

Abstract, Poster And PPT Presentation

MODULE V: ARGUMENTS

Principles Of Argument, Supplementary Skills On How To Untangle Arguments

Suggested Readings:

Name of Author	Title of Book	Edition/ISBN	Name of the Publisher
Thomas M. Sterner	The Practicing Mind	978-09-77657-20-9	New World Library
Ashish Jaiswal	Fluid: The Approach Applied by Geniuses Over Centuries	978-81-83285-27-8	Wisdom Tree
Hector Garcia, Francesc Miralles	Ikigai: The Japanese Secret To A Long And Happy Life	978-35-48746-65-4	Random House UK
Phil M Jones	Exactly What To Say: The Magic Words for Influence and Impact		
James D. Lester, James D. Lester Jr.	The Principles of Writing Research Papers	978-02-05791-82-8	Penguin Academics
James Joyce	Ulysses	978-18-40226-35-5	Wordsworth Classics



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SEMESTER IV (SPECIALIZATION: CLINICAL PSYCHOLOGY)

Sl No.	Course Code	Type	Course Title	Course Type	Hours/Credit			
					L	T	P	C
THEORY								
1	MSCAPY-401	Theory	Counseling and Psychotherapy	DSE	4			4
2	MSCAPY-402	Theory	Applied Health Psychology	DSE	4			4
3	MSCAPY-403	Theory	Community Psychology	CC	4			4
SESSIONAL								
4	MSCAPY-481	Sessional	Major Project	DSE	4		8	8
5	MSCAPY-482	Sessional	Internship in hospital / clinical set up	DSE	0		0	4
			Total					24



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DISCIPLINE SPECIFIC ELECTIVE (DSE) CREDIT - 4 (TOTAL HOURS - 40)

TITLE- COUNSELLING AND PSYCHOTHERAPY

Course Code: MSCAPY 401

At the end of the course, the students will be able to:

CO No.	Course Outcomes	Bloom's Level	Assessment technique
CO-1	Define what is counselling and psychotherapy	L1	Assessment through MCQ questions
CO-2	Explain the process of counselling and psychotherapy	L2	Assessment through LAQ
CO-3	Use the understanding of models to interpret counselling sessions	L3, L2	Assessment through assignments
CO-4	Compare and Contrast the different techniques of counselling and psychotherapy to choose appropriate one as per context	L4	Assessment through assignments

MODULE I: INTRODUCTION TO COUNSELLING AND PSYCHOTHERAPY

- Definitions of counselling and psychotherapy
- Types of counselling and psychotherapy
- Stages in counselling and psychotherapy
- Common factors approach in counselling and psychotherapy
- Ethical and legal guidelines in counselling and psychotherapy

MODULE II: BASIC COUNSELLING SKILLS AND PROCESSES

- Therapeutic relationship, transference and counter-transference, resistance
- Attending and active listening skills
- Working through thought and affect
- The process of empathy and probing

MODULE III: PSYCHODYNAMIC PSYCHOTHERAPY

- Basic principles and theoretical base of psychoanalysis
- Techniques of psychodynamic psychotherapy
- Case illustrations



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MODULE IV: HUMANISTIC AND EXISTENTIAL THERAPIES

- Basic principles and theoretical base of client centered therapy
- Techniques of client centered therapy
- Basic principles and theoretical base of existential psychotherapy
- Techniques involved in existential therapy
- Case illustrations

MODULE V: BEHAVIOURAL THERAPY

- Basic principles and theoretical base of behavioural therapy
- Systematic desensitization
- Exposure techniques
- Contingency management and token economy
- Biofeedback procedures

MODULE VI: COGNITIVE-BEHAVIOURAL THERAPY

- Theoretical base and basic principles of Beck's cognitive therapy
- Techniques involved in Cognitive Therapy
- Theoretical base and basic principles of Ellis' Rational Emotive therapy
- Techniques involved in Rational Emotive therapy
- Theoretical base and basic principles of Linehan's Dialectical Behaviour Therapy
- Techniques involved in Dialectical Behaviour Therapy
- Case illustrations

Suggested readings

The techniques of psychotherapy, 4th ed., Parts 1 & 2, Wolberg, L.R. Grune & Stratton: NY

Corey, G. (2015). *Theory and practice of counseling and psychotherapy* (10th ed.). Boston: Cengage Learning.

Dryden, W. (2007). *Dryden's handbook of individual therapy* (5th ed.). New Delhi, India: Sage.

Sharf, R. S. (2000). *Theories of psychotherapy and counseling: Concepts and cases* (2nd ed.). Singapore: Brooks/Cole

Simon, L. (2000). *Psychotherapy: Theory, practice, modern and postmodern influences*. Westport, Connecticut: Praeger.



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DISCIPLINE SPECIFIC ELECTIVE (DSE) CREDIT - 4 (TOTAL HOURS - 40)

TITLE- APPLIED HEALTH PSYCHOLOGY

Course Code: MSCAPY 402

At the end of the course, the students will be able to:

CO No.	Course Outcomes	Bloom's Level	Assessment technique
CO-1	Define what is health psychology	L1	Assessment through MCQ questions
CO-2	Explain the psychological repercussions of physical diseases	L2	Assessment through LAQ
CO-3	Use the principles of health psychology in general medical setting	L3, L2	Assessment through assignments
CO-4	Compare and Contrast the different techniques of intervention across general healthcare settings	L4	Assessment through assignments

MODULE I: INTRODUCTION

- Health Psychology: Nature, Definition, and Scope
- Models of Health Psychology, health promoting and damaging behaviors
- Applications of Health Psychology
- Recent trends in Health Psychology

MODULE II: ORGANIC SYNDROMES

Psychosocial, personality, lifestyle, health practice issues.

- * Dementia
- * Delirium
- * Epilepsy and Seizure Disorder

MODULE III: CARDIOVASCULAR SYSTEM

Psychosocial, personality, lifestyle, health practice issues.

- Hypertension
- Myocardial Infarction
- Angina
- Cardiomyopathy



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MODULE IV: GASTROINTESTINAL SYSTEM

Psychosocial, personality, lifestyle, health practice issues.

- Irritable Bowel Syndrome
- Inflammatory Bowel Disease
- Peptic ulcer disease
- Gastro – esophageal reflux disease

MODULE V: ONCOLOGY

- Psychosocial issues associated with cancer – quality of life, grief reaction, denial
- Fear of treatment, side effects, recurrence, abandonment,
- Resilience, and hospice care
- Assessment and intervention for individuals and family

MODULE VI: SUBSTANCE DISORDERS

Disorders resulting from the use of separate classes of drugs: alcohol; caffeine; cannabis; hallucinogens ; inhalants; opioids; sedatives, hypnotics, or anxiolytics; stimulants , tobacco.

Suggested Readings

Handbook of clinical psychology in medical settings, Sweet, J.J, Rozensky, R.H. & Tovian, S.M. (1991), Plenum Press: NY.

Health Psychology, Dimatteo, M R and Martin, L.R. (2002). Pearson, New Delhi

Health Psychology, Vol 1 to Vol 4, Weinman, J, Johnston, M & Molloy, G (2006). Sage publications: Great Britain

Behavioral Medicine: Concepts & Procedures, Tunks, E & Bellismo, A. (1991). Pergamon Press: USA



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CORE COURSE (CC) CREDIT - 4 (TOTAL HOURS - 40)

TITLE- COMMUNITY PSYCHOLOGY

Course Code: MSCAPY 403

At the end of the course, the students will be able to:

CO No.	Course Outcomes	Bloom's Level	Assessment technique
CO-1	Define the nature and context of community psychology	L1	Assessment through MCQ questions
CO-2	Explain the role of a community psychologist	L2	Assessment through LAQ
CO-3	Use the principles of community psychology to help find solutions to social problems	L3, L2	Assessment through assignments
CO-4	Compare and Contrast the different techniques of community based interventions for solving real-life issues	L4	Assessment through assignments

MODULE I: CONCEPTS OF COMMUNITY PSYCHOLOGY

Nature and Scope, Theoretical perspectives of Community Psychology, Principles of Community Psychology, factors underlying the emergence of community psychology.

MODULE II: CRISIS INTERVENTION

Crisis Intervention: the concept of crisis, crisis intervention, necessary conditions for crisis intervention programs in community setting, the technique of crisis intervention at the community level

MODULE III: GENERAL SYSTEM THEORY AND THE CONCEPT OF ECOLOGY

General System Theory Research. The study of organized systems, The design of program evaluation studies. The ecological approach to community mental health problems, the effect of crowding.

MODULE IV: CONTEMPORARY COMMUNITY ISSUES

Nature, factors and preventive/ remedial measures for Child Abuse, Violence against Women, Violence against Aged, problems with the homeless. National Policy, programs and acts. Community services during disaster.

MODULE V: COMMUNITY MENTAL HEALTH INTERVENTION AND COMMUNITY BASED REHABILITATION (CBR)



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Issues, principles and programmes; evaluation of CBR; training the para-professional and non-professionals.

Suggested Readings

1. Korchin, S. J. (2004). Modern Clinical psychology; Principles of intervention in clinic and community. New Delhi: CBS Pub.
2. Carter, J.W. (1986). Research contributions from community psychology in community health health. 25 Behaviour Pub. NY.
3. Dalton J.H., Elias, M.J. et al., (2007). Community psychology, linking individuals and communities. Wadsworth, Thomson Learning US.
4. Desai, A.N. (1995). Helping the handicapped. Ashish Pub. House.
5. Iscoe, I. Block, B.L. & Spielberger, CD (Eds.) (1997). Community psychology: Perspectives in training and research. Appleton Century Crofts. NY.
6. Kapur, M. (1995). Mental health of Indian Children, Sage Pub.

CORE COURSE (DSE) CREDIT = 8 (4+80)

TITLE- MAJOR PROJECT

Course Code: MSCAPY 481

Students have to work, submit & Present a Masters' Thesis on a selected topic.

CORE COURSE (DSE) CREDIT = 4 (0)

TITLE- INTERNSHIP IN HOSPITAL/ CLINICAL SETUP

Course Code: MSCAPY 482

GUIDELINES FOR INTERNSHIP FILE AND INTERNSHIP REPORT



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(These guidelines will be useful for undertaking an internship programme during the summer or at any other time wherein the student/ researcher works full time with a company/organisation)

There are certain phases of every Intern's professional development that cannot be effectively taught in the academic environment. These facets can only be learned through direct, on-the-job experience working with successful professionals and experts in the field. The internship programme can best be described as an attempt to institutionalize efforts to bridge the gap between the professional world and the academic institutions. Entire effort in internship is in terms of extending the program of education and evaluation beyond the classroom of a university or institution. The educational process in the internship course seeks out and focuses attention on many latent attributes, which do not surface in the normal classroom situations. These attributes are intellectual ability, professional judgment and decision-making ability, inter-disciplinary approach, skills for data handling, ability in written and oral presentation, sense of responsibility etc. In order to achieve these objectives, each student will maintain and submit a file (Internship File) and a report (Internship Report).