

Maulana Abul Kalam Azad University of Technology, West Bengal

(Formerly West Bengal University of Technology)

**Syllabus for M. Sc. Clinical Psychology
(Effective for Academic Session 2018-2019)**

Semester-IV

Theory:

MCP-401: Psychotherapy

- **Unit 1:** Client Centered, Existential and Gestalt Therapy: Techniques, Stages, Effectiveness, Limitations, Indications and Contraindications. -**10Hrs**
- **Unit 2:** Play Therapy, . Group Therapy, Psychodrama and Role Playing-14 hrs
- **Unit 3:** Family Therapy and Couples Therapy, Interpersonal therapy:-Importance, steps- 16 Hrs

MCP-402: Health Psychology:

- Unit 1: Health Psychology Aims and objectives of Health Psychology, Challenges for the future. Theories of health behaviour: Attributive theory, Health Locus of Control, Health Belief Model.-12 hrs
- Unit 2: Role of Behavioural factors / Life style in Disease & Disorders: CAD, HIV and Obesity.-12 hrs
- Unit 3: Stress & coping: Concept, Definition and Sources of Stress. Stress Models: Fight or Flight, General adaptation Syndrome; Life events theory, Transactional model. Types of coping strategies.-16hrs

MCP-481: Seminar

Practical:

MCP-491: Clinical Assessments (Case-history Taking & Psychometric Evaluation on Out-door Clients (adult case) Observation and clinical symptoms rating scale application

MCP-492: Internship

MCP-493: Dissertation

Reading List:

- Schneider M Alles (1990) – An Introduction to Physiological Psychology
- Rosenweig, M. R, Leiman, et all (1999) – Biological Psychology: Introduction to Behavioural, Cognitive, Clinical Neuroscience

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- Wallace, B & Fisher, L. E (1991) – Consciousness & Behaviour
- Margeret W Matlin (2013) – Cognitive Psychology
- Goldstein B E (2010) – Sensation & Perception
- Hall, C. S, Lindzey, et all (2002) – Theory of Personality
- J & G Feist (2001) – Theories of Personality
- Aronson, Wilson, Akert (2013) – Social Psychology
- Schultz & Schultz (1973) – Psychology & Work Today
- Minton, H. L (2000) – Psychology & Gender at the Turn of the Century
- Kerlinger, N (1996) – Foundations of Behavioural Research
- Anastasi, A (1988) – Psychological Testing
- Singh, A.K (1997) – Test, Measurements & Research Methods in Behavioural Sciences
- Berk, L. E (2016) – Exploring Life-span Development
- Kail R V (2001) – Children & Their Development
- Hart, C (2006) – Doing Your Masters Dissertation
- Sadock, B. J, & Sadock V. A (2015) – Kaplan & Sadock’s Synopsis of Psychiatry
- American Psychiatric Association (2013) – Diagnostic & Statistical Manual of Mental Disorders, 5th ed.
- Woolfe, R., Strawbridge, S et all (2009) – Handbook of Counselling
- Wing J. K, Morris, B (1981) – Handbook of Psychiatric Rehabilitation Practise.
- Sharf R. S (2000) – Theories of Psychotherapy & Counselling Concepts & Cases
- Palmer, S (1999) – Introduction to Counselling & Psychotherapy
- Brems, C (2001) – Basic Skills in Psychotherapy & Counselling
- Izzard, S & Barden, N (2001) – Rethinking Gender & Therapy: The Changing Identities of Women
- Freud, S – Complete Works of Freud